SESSION TIMES:
GROUP A
Monday and Wednesday
Drop off between 8.30-9am and pick up between 3.10-3.30pm
Each Term there will be two Friday Excursions for each group.
Dates to be advised.

GROUP B
Tuesday and Thursday
Drop off between 8.30-9am and pick up between 3.10-3.30pm
Each Term there will be two Friday Excursions for each group.
Dates to be advised.

COLLECTION/Delivery
We require you to sign your child in on arrival and out at
home time each session.
Only people listed or your child’s enrolment form as
having permission to collect your child will be permitted
to take them from the Centre.
Please advise staff immediately of any changes.

WHEN YOU CHILD STARTS.....
Please bring with your child:
- A bag
- A piece of fruit
- A healthy lunch
- A change of clothes
- A water bottle (water only)
Please label all belongings with your child’s name.

Lunch
Please pack a healthy lunch for your child in a small
child friendly container (see overleaf for suggestions)
Please put freezer bricks in your child’s lunchbox to keep
their lunch cool. Children need to place lunch boxes in
the basket by the kitchen bench on arrival.
Please do not send fruit boxes.
Please Note: WE ARE A NUT FREE ZONE please don’t send
food products that contain nuts or nut pieces or is made from
nuts e.g peanut butter, nutella, muesli bars with nuts.

Clothing
For safety reason thongs are not suitable for active play.
Please dress your child in clothing that neither you nor
your child minds if paint or mud should get onto them.
As we encourage independence when going to the toilet
please avoid hard to undo pants or belts.

Hats and Sunscreen
Your child will be supplied with a legionnaires hat. Our
Skin Protection Policy requires a hat to be worn each day
during September – April and at other times when the
UV Index is greater than 3.
Please apply sunscreen before coming to Kindy
Staff will reapply at lunchtime when required.

NOTICES & NEWSLETTERS:
Please check your emails, your child’s notice pocket
and notice boards for notices and fundraising events.

Attendance:
Continuity is important. It is beneficial for your child’s
social, emotional development and establishes a good
routine in readiness for school. Please notify the
kindergarten if your child is unable to attend due to
sickness, holidays etc.

FEES PER TERM:
$110 for Term 1 (this includes hat, profile book)
$90.00 for each Term there after (2, 3, 4 of 2015).
Subject to annual review.
A fee envelope will be placed in your child’s notice
docket. Please return payment to a staff member or
pay online via Direct Debit: BSB-105-003
Account number 047-154-740 Reference: child’s name.
Please pay your fees by the due date. Preschool fees go
towards the everyday running costs of the centre.
If you are experiencing difficulties please see the
Director ASAP to organize a payment plan.

Program & Parent Wall:
The kindergarten bases its planning, programming and
assessment on the National Early Years Learning
Framework using the Belonging, Being and Becoming
Curriculum.
The weekly program and other relevant information
related to children’s learning and development is
displayed on the Parent Wall above the children’s
lockers. We encourage you to read about what is
happening so discussions can occur with your child
about what they have been doing.

GoverninG Council:
Meet twice a Term on Monday
nights at the kindergarten. Dates are published in the
newsletter. All welcome

Fundraising:
Please support our fundraising efforts.
All proceeds from fundraising go towards resources and
equipment for the children.

Allergies / Medical Conditions:
It is vital that staff are
notified of any allergies and the appropriate
treatment. Equally important is informing staff if your
child has or should develop any medical conditions
whilst enrolled.

Finally:
Please feel free to talk
to staff regarding any concerns or
questions you may have. It is our
hope that the time you and your
child spend at kindergarten will be
enjoyable and rewarding ☺
Waste-free Healthy Lunches

As part of our Healthy Eating and Sustainability Curriculum we are advocating healthy lunch ideas to eliminate the amount of waste produced from our lunches and help sustain the environment.

We ask that your child’s lunch contain as few items as possible that must be thrown away, ideally your child’s lunch will only contain healthy food items that will be eaten, composted or recycled.

You can help your child pack a waste free healthy lunch by including only what your child can eat, using reusable containers and buying non-perishable food in bulk. In planning your child’s lunch remember to pack a reusable ice pack to keep items fresh.

Having waste free lunches is one of Risdon Kindy’s sustainability education initiatives. Through participation in reduce, reuse, recycle activities all children will have a better understanding of how we can reduce waste. Waste-free lunches also save money and promote and support healthy eating.

Some healthy waste free lunch tips:

Include

Sandwiches in reusable containers

Snacks purchased in bulk and brought in reusable containers i.e. yoghurt, fruit muffins, cheese

Reusable ice bricks

Real Fruit- sultanas, cut up orange, small banana, strawberries (not processed fruit bars/lollies)

Vegetables- carrot sticks, cucumber sticks, cherry tomatoes, celery,

Avoid:

Little packet snacks – many are unhealthy and are often only partially eaten and create waste

Cling wrap and zip lock bags

Food Scraps

Fruit and vegetable scraps (apple core, banana skin etc) will be given to a parent to feed their chooks and in the future we may consider a composting program.

Thank you for your support, and please help make today and everyday a healthy waste-free lunch day.

Some great healthy waste-free lunch boxes!